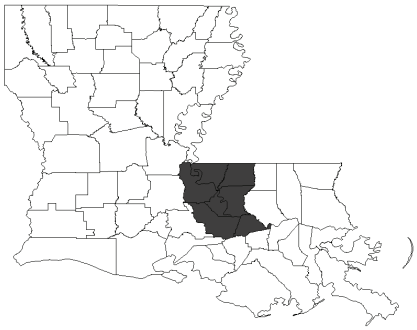


Heart Disease and Stroke in DHH Region 2

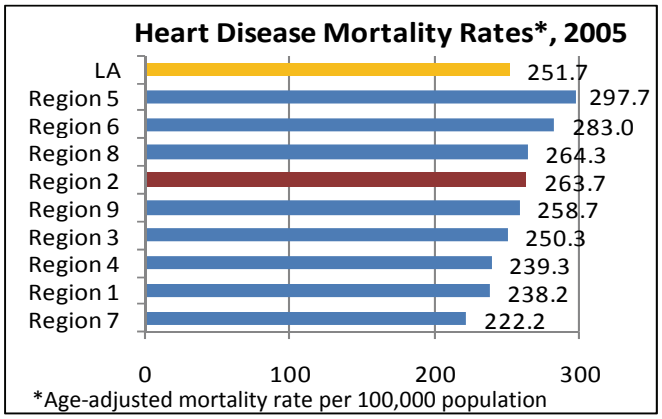
(Parishes: Ascension, E & W Baton Rouge, E & W Feliciana, Iberville, Pointe Coupee)

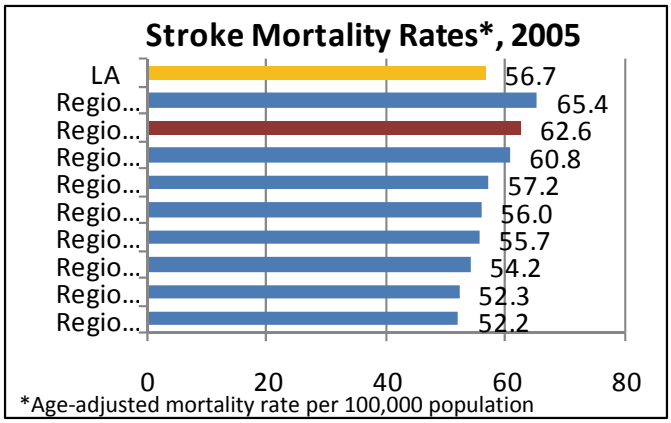
Heart disease and stroke in Louisiana:

- Heart disease and stroke are the 1st and 4th killers of all Louisianans, respectively.
- In 2005, 11,008 people died of heart disease and 2,469 people died of stroke.
- Louisiana had the 5th highest mortality rate for heart disease and the 7th highest mortality rate for stroke in the nation in 2005.

Heart disease and stroke in DHH Region 2:

- In 2005, 26.5% (1,384) of deaths in Region 2 were caused by heart disease and 6.3% (327) were due to stroke, making these the 1st and 3rd causes of death, respectively.
- Region 2 had the 4th highest mortality rate for heart disease and the 2nd highest rate for stroke in Louisiana in 2005.

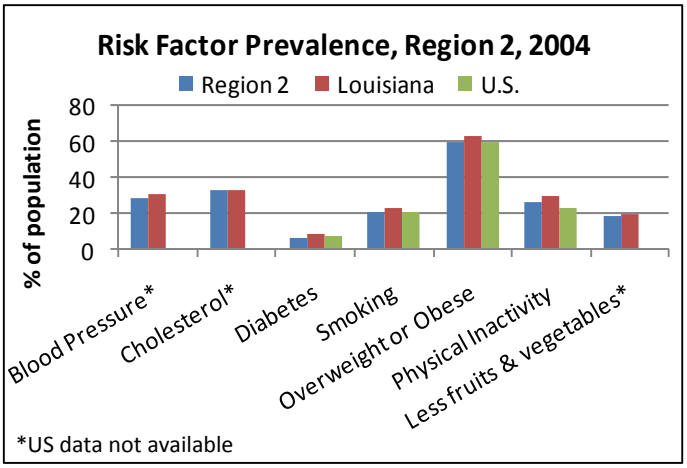




Risk Factors (2004)

In Region 2:

- 28.8% had high blood pressure [95% CI: 25.5-32.2]
- 32.7% had high cholesterol [95% CI: 28.7-36.6]
- 6.4% had diabetes [95% CI: 4.9-8.0]
- 20.9% were smokers [95% CI: 17.7-24.0]
- 59.5% were either overweight or obese[95% CI: 52.7-66.2]
- 26% did not get enough physical exercise [95% CI: 22.7-29.3]
- 18.4% did not eat more fruits and vegetables to lower risk of heart disease or stroke [95% CI: 15.1-21.7]



HEART DISEASE & STROKE Prevention Program

LOUISIANA Department of HEALTH and HOSPITALS

www.laheart.dhh.louisiana.gov

Data Sources:

Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2005. CDC WONDER On-line Database, compiled from Compressed Mortality File 1999-2005 Series 20 No. 2K, 2008. Accessed at http://wonder.cdc.gov/cmf-icd10.html on Jun 12, 2009 2:59:43 PM

Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2004.