



WHAT IS F.L.A.R.E.?

F.L.A.R.E. is an evidence-based asthma education discharge protocol that helps hospitals implement the patient education components of the National Institutes of Health (NIH) Guidelines for the Diagnosis and Management of Asthma. F.L.A.R.E. includes five key messages to help asthma patients better manage their disease:

- F – Follow up with a primary doctor**
- L – Learn about asthma medicines**
- A – Asthma is a life-long disease**
- R – Respond to warning signs that asthma is getting worse**
- E – Emergency care may be needed if certain symptoms occur**

F.L.A.R.E. TRAINING: 1-hour training for hospital staff on how to implement F.L.A.R.E. The training is available at no cost to Louisiana hospitals. The F.L.A.R.E. training will include:

- How F.L.A.R.E. helps hospitals meet the NIH Asthma Guidelines;
- How to successfully implement F.L.A.R.E. (taught by a Louisiana health care provider and/or respiratory specialist.); and
- F.L.A.R.E. benefits: patient education and decreased 'repeat' asthma discharges.

All training participants will receive the Louisiana Asthma Health Care Provider Toolkit. Hospitals participating in the training will also receive color copies of F.L.A.R.E., as well as the Louisiana Asthma Management & Prevention Program (LAMP) Asthma Action Plan and the F.L.A.R.E. Patient Follow-up Referral Form. As part of the F.L.A.R.E. Training Initiative, the LAMP Program will provide additional trainings as needed for staff in hospitals planning to implement F.L.A.R.E.

WHO SHOULD ATTEND: Providers who interact with asthma patients: administrators, respiratory therapists, nurses, case managers, certified asthma educators, health educators, emergency department staff and physicians.

TRAINING LOCATION: F.L.A.R.E. trainers from the LAMP Program will schedule free, on-site trainings for interested hospitals. The training takes one hour and can be scheduled at various times of the day to best meet the needs of hospital staff.

To request F.L.A.R.E. training, visit www.asthma.dhh.louisiana.gov to download a training request form and fax to Mark Perry at 225-342-5839. For any additional information, contact LAMP at 225-342-2673.