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Definitions								
Name change from "WIC-eligible medical food" to "WIC-eligible nutritionals"	5/5/2014/no later than 10/1/14			Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
Full Nutrition Benefit				Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
Fresh Fruits and Vegetables: as defined by the FDA http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfcfr/cfrsearch.cfm?fr=101.95								
Farmers' market	5/5/14			NA	NA	NA	NA	NA
Fruits and Vegetables								
Both organic fresh fruits and vegetables must be authorized	Since Interim rule		N	Implemented in 2009				
Both fresh fruits and vegetables must be authorized	Since Interim rule		N	Implemented in 2009				
CVV for children increased from $6 to $8	5/5/14 / no later than 6/2/2014			Chapter 17	5-15-14	6-1-14	Memoradum	
Split tender of CVVs: vendors, farmers, and farmers' markets must allow participants to pay the difference.	10/1/14 / no later than 4/1/15		N	Implemented in 2009				

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Dried fruits and vegetables may be authorized for purchase with CVV; dried allowed for children, but note nutrition education requirements if offered.	5/5/2014	N	N					
Canned fruits or vegetables: newly allowed canned tomato sauce/paste without added sugar, fats, oils, salsa & spaghetti sauce. F/V must be listed as first ingredient in processed foods. Only lower sodium canned vegetables may be allowed as an option. Home canned & home-preserved F/V not allowed.		N	N					
Frozen fruits and/or vegetables: frozen fruits may not contain added fats, oils, salt, or added sugars.	State agency option since Interim Rule	N	N					
FNS encourages SA to offer lower sodium products when available.	5/5/14	N	N					
Fruit and Vegetable Juice								
Technical clarification: WIC-eligible canned fruit juice and vegetable juice must meet the FDA standard of identity, as listed at 21 CFR Part 146 and 21 CFR Part 156, which are reflected in Table 4 of 7 CFR 246.10(e)(12).	No later than 10/1/14			NA, LA only provides fresh fruit and vegetables.				

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See Table 4 of 7 CFR 246.10(e)(12) for standard of identities for canned juice.	5/5/14	N	N					

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Farmers' Markets								
Individual farmers authorized to accept CVV.	5/5/14	N	N					
Farmers' markets, in addition to individual farmers, may be authorized to accept WIC CVVs. As a result of the addition of farmers' markets, conforming amendments have been made in 7 CFR 246.2, 246.4, 246.18, and 246.23.		N	N					
State Plan: submit a copy of SAs administrative appeal procedures for farmers and/or farmers' markets.	5/5/14 / No later than 10/1/14	NA	N					
Farmer/FM Monitoring: 1) Design and Implement system for monitoring farmers' and/or farmers' markets' compliance with program requirements. 2) Include description of farmer/FM monitoring system in State Plan.		NA, currently monitored by the LA Dept. of Ag.	N					
Mature Legumes and Peanut Butter								
Mature legumes in dry-packaged	No later than 10/1/14			NA				

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Mature legumes canned forms, without added vegetables, fruits, meat, sugars, fats, or oils only. Final rule clarifies that canned forms of mature legumes is an option.	Clarified requirement 5/5/14/No later than 10/1/14	NA	N					
Refried beans, without added sugars, fats, oils, vegetables or meat, have been added to the examples of allowable legumes.	Clarified requirement 5/5/14/No later than 10/1/14		N					
Peanut Butter: final rule clarifies it cannot have added marshmallows, honey, jelly, chocolate/or similar ingredients.			N				NA, Louisiana policy does not need revision.	
Milk and Milk Alternatives								
Whole milk is the standard milk for issuance to 1-year-old children.	Since original regulation						NA, Louisiana policy does not need revision.	
1% or non-fat/skim milk is standard milk for children greater than or equal to 2.	5/5/14 / No later than 10/1/14			Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
1% or non-fat/skim milk is standard milk for women.								

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Fat-reduced milks to be issued to 1-yr-old children for whom overweight or obesity is a concern, based upon CPA determination through an individual nutritional assessment and consultation with the child's health care provider if necessary, as established by State policy.	5/5/14	N	N					
2% milk may be issued to participants under certain conditions during pregnancy and children per CPA assessment and State policy.		N	N					
2% milk may be issued to participants under 24 months per CPA assessment and State policy.	5/5/14	N	N					
Maximum substitution of 1 lb. cheese for 3 quarts of milk for children and women. For fully breastfeeding women in FP VII, no more than 2 lbs. of cheese may be substituted for 6 quarts milk.	State agency option since Interim Rule	Y	N	Chapter 17 already established			Louisiana already allows maximum allowance of cheese in all food packages.	
If offering cheese, it will no longer be issued beyond established substitution rates, even with medical documentation.	5/5/14 / no later than 10/1/14	NA	N	Chapter 17 already established			Louisiana does not offer additional cheese beyond the established rates.	

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Dangling quart option for offering cheese: 12 oz. can evaporated milk- see page 12280 under section e.	State agency option since Interim Rule	N	N					
Dangling quart option for offering cheese: half gallon of milk every other month.		N	N					
Tofu: must be calcium-set. Tofu may also now contain magnesium chloride. States are encouraged to choose tofu with the highest amount of calcium.		N	N					
Soy-based beverage or tofu may be a substitute for milk for **children** - see Table 2, Footnote 11.	Implement no earlier than 10/1/14	Y	N	Implemented in 2009				
Soy-based beverage and/or tofu may be a substitute for milk for **women** - see Table 2, Footnote 12.	State agency option since Interim Rule	Y	N	Implemented in 2009				
Dangling quart option for offering cheese: 1 qt. of yogurt for children and women.	Implement no earlier than 4/1/15	N	N					

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Yogurt: no more than 1 qt. is authorized to a participant. Must conform to the Standard of Identity for yogurt. Only low-fat or nonfat yogurt for children more than 2 years of age, and women. Whole fat yogurt for children less than 2 years of age.	Implement no earlier than 4/1/15	N	N					
No more than a total of 4 quarts of milk may be substituted for a combination of cheese, yogurt, or tofu for children in FP IV.	5/5/14/ no later than 10/1/14	N	N					
No more than a total of 4 quarts of milk may be substituted for a combination of cheese, yogurt, or tofu for women in FP V & VI. No more than a total of 6 qts. of milk may be substituted for a combination of cheese, yogurt, or tofu for women in FP VII.		N	N					

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Breastfeeding Provisions								
Clarification of Partially Breastfeeding Terminology: described FP for the mother-infant pair that both breastfeed and formula feed, is now "mostly" breastfeeding.	5/5/14		N					
104 reconstituted fluid ounces of formula to mostly breastfed baby 0-1 month old.	State agency option since Interim Rule	N	N					
Add eligible recipient to FP VII- Pregnant women who are also partially (mostly) breastfeeding an infant.	5/5/14 / no later than 10/1/14							
Whole Wheat Bread and Whole Grains								
Clarifies that SA must offer whole wheat and/or whole grain bread. See Table 4 for the two allowed flours in ingredient list.	5/5/2014/ no later than 10/1/14							
Add **whole wheat pasta** as another whole grain option. Any size or shape with no added sugars, fats, oils, or salt. Must meet Standard of Identity for whole wheat pasta. See Table 4 for allowed flours in ingredient list.	5/5/2014	N	N					

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Tortillas: clarifies **corn tortillas** needs to have whole corn listed as first ingredient but will accept ground masa flour (corn flour) in areas were tortillas are limited.	5/5/2014	N	N					
Tortillas: clarifies **whole wheat** flour must be the only flour listed in the ingredient list for whole wheat tortillas.		N	N					
Brown rice	State agency option since interim rule	Y	N	Implemented in 2009				
Bulgur		N	N					
Oatmeal		Y	N	Implemented in 2009				
Whole-grain barley		N	N					
Breakfast Cereals								
At least one half of all breakfast cereals on the State's authorized food list must meet the whole grain requirements in Table 4. Certain corn and rice-based cereals may be offered to participants with allergies to whole grains.	Required since Interim Rule.		Y	Implemented in 2013	2013			

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Infant Foods in Food Packages II and III								
Final rule clarifies that a fruit or vegetable must be listed as the first ingredient in WIC-eligible jarred infant food.	5/5/14/ no later than 10/1/14		N	Implemented in 2009 Chapter 17				
Substitute fresh banana for 4 oz of jarred infant food in FP II & III for infants 6-12 mos. of age.	5/5/14	N	N					
CVV for purchase of fresh F/V in lieu of infant foods fruits and vegetables provided in FP II & III based upon a thorough individual assessment conducted by CPA, *see rule for more education requirements and white potatoes in jarred infant foods.		N	N					
Partially breastfed and fully formula fed infants may opt to receive $4 CVV + 64 oz of infant food fruits and vegetables.		N	N					
Fully breastfed infants may receive an $8 CVV + 128 oz of infant food fruits and vegetables.		N	N					
Infant Formula								

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Maximum monthly allowance of infant formula & liquid concentrate infant formula as specified in the Interim and Final rule are identified by SA per 7 CFR 246.10(e) Table 1.	5/5/14/ no later than 10/1/14		Y	Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	

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Medical Documentation								
Form and requirements per 7CFR 246.10(d).	Required since Interim Rule							
Milk alternatives: CPA may determine & document need for tofu & soy-based beverage as a milk substitute for **children.**	State agency option 5/5/14/ If invoke milk alternatives **must** implement no earlier than 10/1/14		Y	Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
Milk alternatives: CPA may determine & document need for tofu & soy-based beverage as a milk substitute for **women.**			Y	Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
Food Package III: medical provider can make a referral to the WIC registered dietitian and/or qualified nutritionist for identifying appropriate supplemental foods and their prescribed amounts, as well as the length of time the supplemental foods are required by the participant, with the referral acknowledged on the medical documentation form.	State agency option 5/5/14/ no later than 10/1/14		N	Implemented in 2009 Chapter 17				

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Canned Fish for FP VII								
At least two of the below options must be authorized by the SA:	Since Interim rule							
Canned light tuna		Y	N					
Canned salmon		Y	N					
Canned sardines		N	N					
Canned jack mackerel (King mackerel not authorized)	5/5/14	N	N					
Canned fish with added sauces and flavorings (e.g. tomato sauce, mustard, and lemon) are authorized.		N	N					
FP III- See Table 3 for Requirements and Footnotes.								
Children and women with qualifying conditions who require the use of a WIC formula (infant formula, exempt infant formula, or WIC-eligible nutritional) receive FP III.	Required since Interim Rule		Y	Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
See above for infant foods in lieu of CVV	N	N						
Children- Maximum substitution of 128 oz. of jarred fruits or vegetables for $8 CVV.	5/5/14	N	N					
Women- maximum substitution of 160 oz. of infant food fruits and vegetables for $10 CVV.		N	N					

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Medical documentation is required as part of the determination to issue jarred infant foods to children or women in lieu of CVV.	5/5/14		N					
Infant formula is now an authorized type of formula in FP III. Medically fragile infants 6-12 months of age may receive additional infant formula, exempt infant formula, or WIC-eligible nutritional in lieu of infant foods at the same maximum monthly allowance as infants 4-6 months with medical documentation.	5/5/14	Y	Y	Chapter 17	7-29-14 thru 8-1-14	10-1-14	Handout	
Authorized food list criteria								
7 CFR 246.10(b)(1)	5/5/14 / no later than 10/1/14		N					
Food Package Tailoring								
Cultural Food Package Proposal	N	N						
Vendor Minimum Stock Requirements								
All authorized vendors must stock at least two DIFFERENT fruits and two DIFFERENT vegetables.	Clarified Requirement since Interim Rule / No later than 10/1/14		N					

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