

## About the Program

The Bureau of Family Health (BFH) of the Louisiana Department of Health and Hospitals, Office of Public Health administers programs that work to assure that pregnant women, women of childbearing age, infants, children, youth and families in Louisiana have access to high quality primary and preventive healthcare.

BFH works through a team structure to promote optimal health through:

- Provision of reliable data to monitor health & well-being, guide programs, & inform public policy
- Preventive and educational services that are grounded in best practices and evidence to promote optimal health and well-being
- Policy and educational initiatives to improve access to medical, behavioral health and supportive services, and to improve community health
- Partnerships with communities, government, and academia to advance common goals

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## Bureau of Family Health Teams

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### Data to Action Team

- Collects, links, analyzes and interprets data related to the health of women, children, and families.
- Monitors health & well-being among Louisiana's women, children, and families
- Guides program planning and evaluation
- Informs health and other public policy initiatives
- Evaluates the effectiveness, accessibility, and quality of health services
- Supports public health research & translate objective data to inform actions

### Communication, Innovation, and Action Team

- Provides links to information and resources through help lines and websites
- Provides educational activities founded in best practices and theory
- Identifies community and system-level issues to improve health outcomes
- Facilitates community and system-level actions
- Advances the BFH program towards ongoing innovation

### Family Health Supportive Services Team:

- Provides innovative maternal health, early childhood and family development expertise to build Louisiana's early childhood systems of care.
- Implements evidence-based home visitation programs, the Nurse-Family Partnership (NFP), statewide and Parents as Teachers (PAT) in the Shreveport and Monroe regions of the state.

### Family Health Clinical Services (Reproductive Health) Team

- Ensures access to a broad range of high-quality reproductive and preventive health services, providing services in Parish Health Units statewide.
- Implements the Teen Outreach Program (TOP)

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## For More Information

Call (504) 568-3504 or visit [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org)

## About the Program

The Data Action Team is part of the Louisiana Department of Health and Hospitals, positioned in the Bureau of Family Health. It functions to collect, link, analyze and interpret data to support the monitoring and well being of the health of women, children, youth, and families. Through data driven leadership, the team translates objective data to actions guiding program plans, informing health and other public policy initiatives, evaluating the effectiveness, accessibility and quality of health services, and supporting public health research.

## Who We Serve

The team is dedicated to providing data analysis and interpretation for public health professionals, policy makers, researchers, and the public.

## Data Action Team Services

<b>LaPRAMS (Louisiana Pregnancy Risk Assessment Monitoring System )</b>	An ongoing, population-based risk factor surveillance system to describe select maternal behaviors and experiences that occur before, during and after pregnancy.
<b>FIMR (Fetal Infant Mortality Review )</b>	A process that brings a multi-disciplinary community team together to review de-identified infant and fetal deaths. It is an action-oriented community process that works to improve service systems for women, infants, and families.
<b>CDR (Child Death Review)</b>	A legislatively mandated review of all unexpected deaths among children age 14 years or younger to reduce the incidence of injuries and deaths.
<b>PAMR (Pregnancy Associated Mortality Review)</b>	Identification and review of deaths of pregnant and postpartum women to identify risk factors and prevention opportunities.
<b>Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Program Analysis</b>	Local management of MIECHV data to monitor implementation quality, productivity, and program outcomes.
<b>Data Linkage</b>	Data sharing /linkage agreements are in place with Vital Records, Medicaid, WIC, Hospital discharge, Newborn Screening, Birth Defects, STD/HIV, and other public health program data.
<b>Data Analysis</b>	Epidemiologists analyze and interpret data to monitor health, and assist with program planning, evaluation, and policy development.
<b>Data Translation</b>	Fact sheets, issue briefs, reports, and presentations are routinely distributed; special analyses are completed upon request. Visit <a href="http://1800251baby.org/provider/data">1800251baby.org/provider/data</a>
<b>Data Request</b>	To request statistics, please complete and submit a Request Form. Found at <a href="http://1800251baby.org/provider/data">1800251baby.org/provider/data</a>

## Questions?

Contact Jane Herwehe, Data Action Team Lead, at (504) 568-3504 or [jane.herwehe@la.gov](mailto:jane.herwehe@la.gov).

For data reports, facts sheets, a Request for Statistics form and more information about the Bureau of Family Health, visit [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org) and select the Provider section.



## What is LaPRAMS?

The Louisiana Pregnancy Risk Assessment Monitoring System (LaPRAMS) is a surveillance project that is administered by the Louisiana Department of Health and Hospitals' Bureau of Family Health (BFH) in conjunction with the Centers for Disease Control and Prevention (CDC). LaPRAMS collects information from mothers about their behaviors and experiences before, during, and immediately after pregnancy. Information is collected by surveying a sample of women who have recently given birth. The unique information collected by the PRAMS program is used by health professionals, administrators, policy makers, and researchers to develop and to modify programs and policies to improve the health of women and children in Louisiana

## How does LaPRAMS work?

Every month a sample is chosen randomly from all women who have recently had a live birth. A combination of two data collection approaches are used: statewide mailings of the surveys and telephone follow-up with women who do not return the survey by mail.

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### LaPRAMS Survey Topics (sample list)

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|---|--|
| ➤ Feelings about pregnancy                                    | ➤ Breastfeeding  |
| ➤ Obstetrics history  | ➤ Psychosocial support and stress  |
| ➤ Multi-vitamin use/folic acid                                | ➤ Health care coverage before pregnancy, during pregnancy, and at delivery |
| ➤ Prenatal care, barriers to care, topics covered during care | ➤ Oral health  |
| ➤ Maternal health   | ➤ Home safety and prevention   |
| ➤ Smoking and drinking  | ➤ Contraception  |
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## How are LaPRAMS data used?

LaPRAMS provides data that is not available from other sources. Findings are used to plan and review programs and policies aimed at reducing health problems among mothers and babies. Also, the data can be used to identify groups of women and infants at high risk for health problems, to monitor changes in health status, and to measure progress towards goals in improving the health of mothers and infants.

## For more information:

Contact Megan O'Connor, Program Coordinator, at 504-568-3504 or [Megan.OConnor@LA.GOV](mailto:Megan.OConnor@LA.GOV). Visit the Provider section of [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org) for more information about LaPRAMS and other Bureau of Family Health projects.

## About the Program

The Louisiana Department of Health & Hospitals' Bureau of Family Health manages a network of nine Regional Maternal and Child Health (MCH) Coordinators who work towards improving maternal, infant, and child mortality and morbidity. The Regional MCH Coordinators provide leadership in their respective regions and develop and maintain active relationships with infant mortality reduction and key child safety partners to address prevention measures for the leading causes of fetal, infant, and child deaths.

Regional MCH Coordinators are responsible for convening regional teams that, after periodic review and analysis of abstracted regional fetal and infant and child deaths, identify health system interventions for improvement including prenatal care, social support services, education, home visitation, and community-based outreach.

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## Regional MCH Coordinator Activities

### Data Surveillance & Monitoring

- Abstract cases of all unexpected child deaths under the age of 15, maternal deaths within one year post-partum, and fetal and infant deaths.
- Convene regional Case Review Teams (CRT) made up of medical and healthcare professionals who volunteer to review cases and make recommendations for policies and strategies to improve health.

### Data to Action

- Convene regional Community Action Teams (CAT), which are broad-based teams of community members who hear recommendations from the CRT and work to prioritize needs, coordinate, and plan interventions to improve community health.
- Provide linkages between hospitals, private physicians, coroners, community, and public health to address infant and maternal mortality in the region.
- Develop partnerships with regional and local stakeholders to collaborate around child safety/injury prevention and fetal & infant mortality reduction policies and initiatives.
- Coordinate and collaborate with other Regional MCH Coordinators on statewide initiatives.

### Regional Resource

- Serve as a regional point person for Bureau of Family Health for public relations activities and implementation of programmatic activities.
- Maintain a community resource inventory of regional and parish community agencies involved with the MCH population.
- Provide guidance to the region as needed for the dissemination of the State's executive decisions, and for the emergency preparedness plan as it pertains to the MCH population.

## Program Contact Information

Contact Robin Gruenfeld at 504-568-3504 or [Robin.Gruenfeld@la.gov](mailto:Robin.Gruenfeld@la.gov) for more information.

# Louisiana DHH-OPH Bureau of Family Health Home Visiting Programs (MIECHV)



## About MIECHV

The Louisiana Department of Health & Hospitals, Bureau of Family Health's home visiting program is known as **MIECHV** (**M**aternal, **I**nfant, & **E**arly **C**hildhood **H**ome **V**isiting). MIECHV provides innovative maternal health, early childhood, and family development expertise as a major contributor to building Louisiana's early childhood system of care. MIECHV currently implements 2 evidence-based home visiting models: Nurse-Family Partnership (NFP) statewide, and Parents as Teachers (PAT) in the Shreveport and Monroe regions of the state.

MIECHV envisions a future where all people of Louisiana have the opportunity to grow, develop, and live in an environment that is nurturing, supportive, and safe and that promotes the physical, mental, and social health of individuals, families, and communities.

Funding for MIECHV is derived from Federal Title V Maternal and Child Health Block Grant, Federal Maternal, Infant and Early Childhood Home Visiting grant, state funds, and Temporary Assistance for Needy Families Block Grant.

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## Louisiana MIECHV

Nurse-Family Partnership (NFP) <a href="http://www.nursefamilypartnership.org">www.nursefamilypartnership.org</a>	Statewide for first-time moms, who are Medicaid eligible and enroll before end of 2 <sup>nd</sup> trimester of pregnancy. Nurses provide support until child is two years old.
Parents as Teachers (PAT) <a href="http://www.parentsasteachers.org">www.parentsasteachers.org</a>	Available in the NW & NE regions of the state. For Medicaid-eligible pregnant women and families with children 12 months of age and younger. Certified parent educators support families from pregnancy to kindergarten.

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## Who We Serve

**NFP** is available statewide and has served more than 13,900 families with over 298,100 completed home visits since its inception in 1999. In the NFP model, registered nurses work with low-income first-time mothers and their families in their homes until the child's second birthday. Nurses work with families to connect them with community resources and set goals related to the mother's health, family and friend relationships, and nurturing parenting.

**PAT** is available in the Shreveport and Monroe regions of the state. In the PAT model, certified parent educators work with low-income pregnant women and families with young children in their homes. Services are available until child kindergarten entry. In SFY 2014, PAT staff served 270 families with 1509 completed home visits. PAT parent educators work with families including the mother, father, and other care takers, on topics related to child development, parent-child interaction, and family well-being and health.

## Questions?

Contact Sonya Myers, MIECHV Coordinator, at (504) 568-3504 or [sonya.myers@la.gov](mailto:sonya.myers@la.gov)  
Visit [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org) for more information about MIECHV and other projects of the Bureau of Family Health.

## About the Program

Nurse-Family Partnership (NFP) helps transform the lives of vulnerable first-time moms and their babies through nurse home visitation. Through ongoing home visits from registered nurses, low-income, first-time moms receive the care and support they need to have a healthy pregnancy, provide responsible and competent care for their children, and become more economically self-sufficient. From pregnancy until the child turns two years old, NFP Nurse Home Visitors form a much-needed, trusting relationship with the first-time moms, instilling confidence and empowering them to achieve a better life for their children – and themselves.

An evidence-based community health program, NFP's outcomes include long-term family improvements in health, education, and economic self-sufficiency. By helping to break the cycle of poverty, NFP plays an important role in helping to improve the lives of society's most vulnerable members, build stronger communities, and leave a positive impact on this and future generations.

The Nurse-Family Partnership National Service Office is a non-profit organization that provides implementing agencies with the specialized expertise and support needed to deliver NFP with fidelity to the model – so that each community can see comparable outcomes. Louisiana is a leader in evidence-based home visitation as it was one of the earliest implementers of NFP, beginning in 1999. NFP is operated by the Louisiana Department of Health and Hospitals, Office of Public Health, Bureau of Family Health in partnership with the Tulane University Department of Psychiatry.

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## Nurse Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

## Who we Serve

NFP serves first time, low-income families who reside in one of the following parishes: Acadia, Allen, Ascension, Assumption, Avoyelles, Beauregard, Bienville, Bossier, Caddo, Calcasieu, Caldwell, Cameron, Catahoula, Claiborne, Concordia, De Soto, East Baton Rouge, East Feliciana, Franklin, Grant, Iberia, Iberville, Jackson, Jefferson Davis, Jefferson, Lafayette, Lafourche, La Salle, Lincoln, Livingston, Morehouse, Natchitoches, Ouachita, Orleans, Plaquemines, Point Coupee, Rapides, Red River, Richland, Sabine, St. Bernard, St. Charles, St. James, St. John, St. Helena, St. Landry, St. Martin, St. Mary, St. Tammany, Tangipahoa, Terrebonne, Union, Vermilion, Vernon, Washington, Webster, West Baton Rouge, West Feliciana and Winn.

## For More Information

Contact Sonya Myers, Program Coordinator, at (504) 568-3504 or [Sonya.Myers@la.gov](mailto:Sonya.Myers@la.gov).

Visit [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org) for more information about the PAT and other Bureau of Family Health projects, including the Nurse-Family partnership Program.

## About the Program

The Parents as Teachers (PAT) program is a new evidence based home-visiting program implemented by the Louisiana Department of Health and Hospitals' Bureau Family Health for pregnant women and new moms in the Shreveport and Monroe areas. Families enrolled in the program are supported from pregnancy to kindergarten. Parent Educators use an evidence-based curriculum to work with parents one-on-one, and provide information and education on things such as health, nutrition, sleep, attachment, safety, child development and more.

## How does it work?

Once enrolled, parents are matched with trained Parent Educators who provide support to the families. Parent Educators incorporate personal visits in the home, group meetings for parents, health and developmental screenings for children, and a resource network to help families reach their goals and address their needs.

## Who are the Parent Educators?

Parent Educators are professionals with backgrounds in nursing, health services, child and family studies, psychology, social work or education. They are trained on the PAT curriculum.

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### Who is eligible?

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Medicaid-eligible pregnant woman

Medicaid-eligible child 12 months or younger (priority given to children under 4 months)

A Nurse-Family Partnership program graduate

Live in Shreveport area (Caddo, Bossier, Webster, Claiborne, Bienville, Red River, or Natchitoches Parish)

Live in Monroe area (Ouachita, Morehouse, West Carroll, Madison, or Tensas Parish)

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## What services are provided?

The Parents as Teachers program provides the following list of services to enrolled families:

- Personal home visits by the Parent Educator
- Parenting guidance on a variety of topics
- Group meetings with other families
- Connections to resources that help families meet their goals

## For More Information

Contact Sonya Myers, Program Coordinator, at (504) 568-3504 or [Sonya.Myers@la.gov](mailto:Sonya.Myers@la.gov).

Visit [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org) for more information about the PAT and other Bureau of Family Health projects, including the Nurse-Family partnership Program.

# Project LAUNCH



## About the Program

Project LAUNCH (Linking Actions for Unmet Needs in Children's Health) is a national initiative that is being piloted in Louisiana. It is coordinated by the Louisiana Department of Health and Hospitals by the Bureau of Family Health of the Office of Public Health in conjunction with the Office of Behavioral Health, and funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Project LAUNCH is a federal initiative to ensure all children ages 0-8 reach social, emotional, behavioral, physical, and cognitive milestones. Healthy growth in each of these areas builds the foundation for children to thrive in schools and beyond. Nationwide, communities are pioneering new ways to promote young child wellness through Project LAUNCH. In addition to providing direct services, states and communities implementing Project LAUNCH increase knowledge of healthy child development through public education campaigns and cross-disciplinary workforce development activities.

For information about the national initiative visit <http://projectlaunch.promoteprevent.org/>

## Who We Serve

Project LAUNCH is designed to impact and serve children aged 0-8. In Louisiana, the project is being implemented in Lafayette, Acadia, and Vermilion parishes.

Louisiana Project LAUNCH 5-Year Strategy	
5 Goals	5 Activities
Develop an early childhood coordinated service system focused on well-being across all developmental domains	Coordinate a state leadership team and a local young child wellness council, conduct a thorough environmental scan, and create a strategic plan to inform development of a coordinated system of care for early childhood
Increase primary care providers' ability to identify early mental health concerns and manage early childhood health concerns	Implement a clinical consultation model to integrate behavioral health into primary care settings
Promote emotional and behavioral well-being of at-risk children	Embed mental health consultation and parenting education in early care settings
Increase providers' focus on social and emotional well-being	Provide mental health consultation to Early Steps
Increase the awareness and skills of parents and caregivers to support the healthy development and well-being of young children	Enhance access to evidence-based parenting programs

## Questions?

Contact Karen Webb, Project LAUNCH manager, at (504) 568-3504 or [karen.webb@la.gov](mailto:karen.webb@la.gov).

Visit [www.PartnersForHealthyBabies.org](http://www.PartnersForHealthyBabies.org) for more information about Project LAUNCH and other Bureau of Family Health projects.

## About the Program

The goal of the Reproductive Health Program (RHP) of the Louisiana Department of Health and Hospitals, Bureau of Family Health, is to lower teen pregnancy rates, to reduce sexually transmitted infections, and to provide individuals and families with the information and means to determine the number and spacing of their children. The Louisiana Reproductive Health Program seeks to provide comprehensive, confidential reproductive health services to males, females, and adolescents.

Funding for the RHP comes in large part from the federal Title X Family Planning Program. Title X is the only Federal grant program dedicated solely to providing access to contraceptive services, supplies, and information to all who want and need them. Family Planning services are currently being provided in 61 parish health units and two contract sites across the state of Louisiana. Visit [www.HealthyChoicesla.org](http://www.HealthyChoicesla.org) for information about locations and services, insurance, birth control methods and more.

## Who We Serve

The Reproductive Health Program ensures access to high-quality reproductive health services, including a broad range of contraceptive methods, as well as preventive health screenings, counseling, and referral for thousands of low-income and uninsured individuals. By law, priority is given to persons from low-income families.

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## Reproductive Health Services

Laboratory Tests	Preventative Health Screenings
Counseling	Health Education
Referral Services	Pregnancy Testing
Immunizations	Nutrition Counseling
Sterilization Vouchers	Male Reproductive Health Services
STD/HIV Screening	Abstinence Counseling
Community Outreach	Contraception Services

## Additional Programs

**The Teen Outreach Program (TOP®)** is a tested framework for creating and/or enhancing youth development efforts that empower teens to lead successful lives and build strong communities. This evidence-based teen pregnancy prevention program is funded by the federal Department of Health and Human Services Office of Adolescent Health (DHHS-OAH). This program is one of only a few that have proven effective at simultaneously increasing school success and preventing teen pregnancy. In Louisiana, TOP® operates in select parishes that have high rates of teen births. TOP®'s 9-month program has serviced 6,300 youth ages 12-17 years old in community-based and school settings.

**The Abortion Alternatives Initiative** called *A Woman's' Right to Know* is designed to protect Louisiana women and ensure they have all of the information necessary, including specific legal rights and options, to make an informed decision before they undergo an abortion procedure. For more information:

<http://new.dhh.louisiana.gov/index.cfm/page/1035>

## Questions? Comments?

Contact Carolyn Wise, Outreach Coordinator, at (504) 568-3504 or [carolyn.wise@la.gov](mailto:carolyn.wise@la.gov)  
 For more information about the Reproductive Health Program visit [www.HealthyChoicesla.org](http://www.HealthyChoicesla.org)

## What is *The Gift*?

*The Gift* is an evidence-based program administered by the Louisiana Department of Health and Hospitals' Bureau of Family Health (BFH) for Louisiana birthing facilities to increase breastfeeding rates and hospital success by improving the quality of their maternity services and enhancing patient-centered care.

*The Gift* is a hospital designation program that provides resources and a framework to help improve breastfeeding outcomes through incremental adoption of internationally recognized practices. Facilities that enroll to become *Gift* designated work to implement ten steps that are aligned with the *Ten Steps to Successful Breastfeeding* of the Baby-Friendly Hospital Initiative (BFHI).\* *The Gift* program encourages progress toward pursuit of Baby-Friendly™ designation.

There are currently 25 *Gift* designated birthing facilities. Women who delivered in *Gift* designated facilities were 60% more likely to initiate breastfeeding than women who delivered in non-designated facilities.

\* The BFHI is a global initiative of the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF).

## Benefits of *Gift* Designation

- No cost resources and a framework to help birthing facilities improve breastfeeding outcomes and increase quality of maternity services.
- Technical Assistance around policy development and implementation and support for pursuit of Baby-Friendly™ designation.
- Access to valuable training to help facilities meet national quality measures and standards.
- Competitive edge in an outcomes-based health care environment.
- A way to meet the growing demand from mothers for breastfeeding support.

## How to Become *Gift* Designated

1. Complete and submit a brief registration form at [www.thegiftla.org](http://www.thegiftla.org).
2. Once enrolled, birthing facilities and *The Gift* work to improve policies and practices around the *Ten Steps*.
3. Once all steps are implemented, birthing facilities submit an application for *Gift* designation. Applications are reviewed by a committee on a quarterly basis.
4. Designation is awarded to facilities that meet the outlined criteria.
5. Birthing facilities enrolled in *The Gift* program will be asked to participate in surveys to assist with quality improvement efforts.

## For more information:

Visit [www.thegiftla.org](http://www.thegiftla.org) for more information and to download a registration form and materials. You may also contact the Program Manager: [Marci.Brewer@la.gov](mailto:Marci.Brewer@la.gov) or (504) 568-3504.

## What is LACCHC?

The Louisiana Child Care Health Consultant (LACCHC) program is housed in the Bureau of Family Health of the Louisiana Department of Health and Hospitals, and is designed to help Louisiana child care centers meet annual licensure requirements for health and safety education and training. All Class A and Class B child care facilities are required by the Department of Education to receive a total of 15 clock hours of education and training annually, 3 of which are on health and safety and must be provided by a Child Care Health Consultant.

Visit [lacchc.org](http://lacchc.org) for more information.

## Becoming a Child Care Health Consultants

To become a CCHC, you must be a qualified health professional such as a nurse, physician, registered dietician, or social worker. You must submit an application and complete the state training session provided by the LACCHC program. The training is available in-person once a year, or you can become certified via an online training portal [training.lacchc.org](http://training.lacchc.org). LACCHC's agree to provide a specified number of trainings and consultations to child care facilities each year. For more information about how to become a Child Care Health Consultant, visit [lacchc.org](http://lacchc.org) or [training.lacchc.org](http://training.lacchc.org).

## For Child Care Centers

To satisfy the 3 clock hour Health and Safety Training requirement, identify your training topic(s) and contact a CCHC in your area. For a list of suggested topics, see below. For more information about how to set up a training, and for a list of consultants visit [lacchc.org](http://lacchc.org).

### Health and Safety Training Topics\*

Medication Administration	Playground Safety	Care for the Sick Child
Emergency Preparedness	Food Safety	Safe Sleep/SIDS
Infectious Diseases	Nutrition/Childhood Obesity Prevention	Immunizations
Health of Child Care Staff	Food Allergies	Injury Prevention
Environmental Health	Child Passenger/Car Seat Safety	Emotional/Behavioral Health

\*List of training topics is not inclusive.

## How to Apply & Contact Info

Visit [lacchc.org](http://lacchc.org) to for more information and materials, or contact Leslie Lewis, Program Manager: [Leslie.Lewis@LA.GOV](mailto:Leslie.Lewis@LA.GOV) or (504) 568-3504

## About the Program

NAP SACC (**N**utrition **A**nd **P**hysical **A**ctivity **S**elf-**A**ssessment **F**or **C**hild **C**are) is a national evidence-based intervention to prevent and reduce childhood obesity. It is implemented in child care centers and is designed to promote healthy weight development in preschool children by improving the nutritional quality of food served, amount and quality of physical activity, staff-child interactions, facility nutrition and physical activity policies and practices, and related environmental characteristics.

NAP SACC includes a 5-step process to help facilitate gradual change and promote continuous quality improvement. Participating child care centers receive technical assistance from trained consultants as they work to implement these changes. NAP SACC is recommended by the White House and the Let's Move campaign.

In Louisiana, NAP SACC is administered by the Department of Health and Hospitals (DHH), Bureau of Family Health in coordination with DHH Health Promotion and the Southeast Louisiana Area Health Education Center. Since 2010, nearly 200 child care centers in Louisiana have implemented NAP SACC.

## How it works

Child care centers sign up for NAP SACC free of charge and a consultant is assigned to them. Participating child care centers can expect the program to last approximately six months to a year, with only minimal time commitment from staff. Once the 5 steps of the program have been completed, child care centers receive a certificate of completion.

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### 5 Key Steps for NAP SACC

1. Self Assessment of Child Care facility
2. Goal Setting and Action Planning
3. Free Continuing Education for Child Care Providers
4. Technical Assistance and Consultation
5. Follow-up and Reinforcement

## Questions:?

Contact Leslie Lewis - Program Coordinator at (504) 568-3504 or [leslie.lewis@la.gov](mailto:leslie.lewis@la.gov). For more information about Louisiana NAPSACC and other Bureau of Family Health projects visit [www.partnersforhealthybabies.org](http://www.partnersforhealthybabies.org).