



CAPITAL AREA HUMAN SERVICES DISTRICT
7173 Florida Blvd, Suite 11E, Baton Rouge, Louisiana 70806



SPRING 2009

STAFF DEVELOPMENT AND TRAINING SERIES

Our Mission: To enhance the availability of support and services to develop each individual's unique potential for living a satisfying and productive life.



**** LOCATION: All classes to be held at LOUISIANA STATE POLICE TRAINING ACADEMY, 7901 INDEPENDENCE BLVD, BUILDING A, BATON ROUGE, LA 70806**

FEES: \$30 for Non-CAHSD Staff - No charge to CAHSD Staff or Board Members

PAYMENTS CANNOT BE REFUNDED OR TRANSFERED

REGISTRATION REQUIRED FOR ALL WORKSHOPS

CONTINUING EDUCATION CREDIT

- All workshop sessions have been submitted for approval for 3 contact hours of continuing education credit to the National Association of Social Workers-Louisiana Chapter as authorized by the LA State Board of Social Work Examiners.
- The "*Ethics and Intellectual Disabilities*" workshop has been submitted for Psychology CEU's through the Louisiana State Board of Examiners of Psychologists.
- The "*Co-Occurring Disorders in Persons with Developmental Disabilities*" workshop has been submitted for Psychology CEU's through the Louisiana State Board of Examiners of Psychologists.
- CAHSD is an approved CEU provider for licensed addictions counselors.

We do not award partial credit. Participants will receive certificates upon completion of the workshop. Those arriving late or leaving early *will not* receive certificates.

Please complete the enclosed registration form and return it to CAHSD by the deadline date indicated for each class. Walk-Ins will be accommodated only as space permits. Payment may be made by check or money order only.

For additional information, contact us at:

Phone: 225-925-4093 Email: dbhebert@dhh.la.gov
7173 Florida Blvd - Room 11E - Baton Rouge, LA 70806

“Motivational Interviewing and the Stages of Change”
John Nosacka, LCSW, MSHCM

January 28, 2009
1:00 p.m. to 4:15 p.m.

Registration deadline: 1/23/09
3 CEUs applied for \$30.00

John Nosacka is the facility manager of Margaret Dumas Mental Health Center at Capital Area Human Services District. Mr. Nosacka has nearly 15 years experience in the counseling field, with areas of concentration including substance abuse, persons with HIV infections, and mental illness. He was the recipient of the Franciscan Service Award in 2006.

Workshop Summary: Motivational interviewing (MI) is based on the assumption that responsibility for change is within the client. The therapist is viewed as someone there to create a set of conditions that will enhance the client's motivation to change. Unlike some other approaches, MI deemphasizes labeling, emphasizes personal choice, and attempts to evoke the client's own concerns. This presentation will include a discussion of the MI techniques with clients in the five Stages of Change from Prochaska and DiClemente's Transtheoretical Model.

“When the Chips Fall: Compulsive Gambling”
Todd Ulmer, LCSW, BCCGC

February 18, 2009
1:00 p.m. to 4:15 p.m.

Registration deadline: 2/13/09
3 CEUs applied for \$30.00

Mr. Ulmer is both a Board Certified Compulsive Gambling Counselor and a Licensed Clinical Social Worker and has been working in clinical settings for over 15 years. His experiences working in community mental health settings, addictions treatment centers, and in private practice makes him a very popular conference speaker.

Workshop Summary: In recent years we have come far in terms of advances in the treatment of compulsive gambling. Still society as a whole and Social Workers in particular seem reluctant to treat this still mysterious addiction. Assessment and treatment for Gambling related problems have never been more accessible, but many professionals still see gamblers as being able to exercise more control over their problems than Alcoholics or Drug Addicts. This program will serve as a primer for those interested in this illness. Such topics as the history of gambling, assessment techniques, diagnostic criteria, and treatment alternatives will be explored. The proliferation of internet gambling will also be discussed. This seminar will help inform and educate anyone in the clinical field to help them to better understand this still largely 'hidden' addiction.

“Co-Occurring Disorders in Persons With Developmental Disabilities”
Jack Johnson, PhD

March 17, 2009
1:00 p.m. to 4:15 p.m.

Registration deadline: 3/13/09
3 CEUs applied for \$30.00

Dr. Johnson is a licensed clinical psychologist with a declared specialization in assessment and treatment of behavioral/mental health disorders in persons with developmental disabilities. Dr. Johnson has approximately 10 years experience in the field of developmental disabilities and is the director of Developmental Disabilities Services at Capital Area Human Services District.

Workshop Summary Co-occurring disorders in persons with intellectual disability (i.e., mental retardation) is defined as behavioral/mental health disorders in the presence of intellectual disability (ID). The prevalence of co-occurring disorders in persons with ID is well-established. However, the availability of quality behavioral health services to this population does not meet current needs. This training will focus on the following: Mental health needs of persons with ID including factors that increase their vulnerability to developing co-occurring disorders. Identification of barriers to accurately diagnosing co-occurring disorders in persons with ID and methods of clinical assessment. Evidenced-based treatment strategies for co-occurring disorders in persons with ID.

“Ethics and Intellectual Disabilities”

Julia D. Lott, PhD

May 20, 2009

1:00 p.m. to 4:15 p.m.

Registration deadline: 5/15/2009

3 CEUs applied for \$30.00

Dr. Lott is a Clinical Psychologist with a specialization in Developmental Disabilities. She obtained her PhD from LA State University, and served an internship at Johns Hopkins University School of Medicine. She is currently the director of the Resource Center on Aging & Developmental Disabilities in Bossier City, LA. She is well recognized for her expertise in the field and has presented trainings both nationally and internationally.

Workshop Summary: This workshop provides an overview of ethical and legal issues as related to individuals with intellectual and developmental disabilities. Issues of personal rights will be addressed. Specifically the areas on consent, least restrictive measures, duty to warn, and privacy will be covered. The lecture was developed for health care professionals utilizing codes of ethics from both Psychology and Social Work fields. The goal of this workshop is to create a broader understanding of ethical responsibilities in supporting the personal rights of people with disabilities.

“Healing the Wounded Healers”

Francis Vanderwall, PhD, MA MDiv

June 16, 2009

1:00 p.m. to 4:15 p.m.

Registration deadline: 6/12/2009

3 CEUs applied for \$30.00

Dr. Vanderwall is Associate Professor of Theology and Chair of the Religious Studies & Philosophy Dept. at Our Lady of the Lake College. Dr. Vanderwall earned his MDiv at the Jesuit School of Theology in Berkeley, CA, and his doctorate from the Graduate Theological Union. With over 30 years experience, he is the author of four (4) books as well as numerous articles dealing with spiritual direction, psychology, Scripture, varieties of prayer, and related topics.

Workshop Summary: The therapeutic process is often difficult. A client’s personal and spiritual beliefs may contribute to negative emotions such as anxiety, anger, guilt, and fear. These negative feelings complicate and often hinder therapeutic progress. Also therapists must be willing to look deeply into their own lives and develop a balanced, holistic sense of self in order to provide psychologically healthy interactions with clients throughout a variety of challenging problems, including life’s tragedies. This workshop’s intent is to promote an awareness and path of personal growth that can personally heal and renew the therapist/healer.

REGISTRATION FORM

PRINT or TYPE all information requested. Incomplete forms will be returned.

<hr/> Last name	<hr/> First name	<hr/> Title
<hr/> Email address	<hr/>	
<hr/> ()	<hr/> ()	<hr/> ()
Area Code	Phone Number – (Please <input checked="" type="checkbox"/> - <input type="checkbox"/> Cell <input type="checkbox"/> Work <input type="checkbox"/> Home)	Fax number
License(s): <input type="checkbox"/> SW <input type="checkbox"/> LAC <input type="checkbox"/> LPC <input type="checkbox"/> RN <input type="checkbox"/> LPN <input type="checkbox"/> MD <input type="checkbox"/> Psychologist <input type="checkbox"/> Other (specify) _____		
Employed by: <input type="checkbox"/> CAHSD (please include department) _____		
<input type="checkbox"/> Other (please list) _____		

WORKSHOP SELECTION

PAYMENT MUST ACCOMPANY REGISTRATION.

We do not accept cash payments or credit cards. Class fees are non-refundable and non-transferable.

<input checked="" type="checkbox"/> Please check each workshop for which you are registering.	Fees for non-CAHSD staff only
<input type="checkbox"/> Jan 28, 2009 Motivational Interviewing and the Stages of Change	\$30.00
<input type="checkbox"/> Feb 18, 2009 When the Chips Fall: Compulsive Gambling	\$30.00
<input type="checkbox"/> Mar 17, 2009 Co-Occurring Disorders in Persons with Developmental Disabilities	\$30.00
<input type="checkbox"/> May 20, 2009 Ethics and Intellectual Disabilities	\$30.00
<input type="checkbox"/> Jun 16, 2009 Healing the Wounded Healers	\$30.00
TOTAL ENCLOSED	\$

NON-CAHSD STAFF

Mail registration with check or money order to:
C A H S D ~ Attn: Debra Hebert
7173 Florida Blvd, Suite 11E
Baton Rouge, LA 70806

CAHSD STAFF & BOARD MEMBERS

OR Email to dbhebert@dhh.la.gov
To ensure proper coverage, please be sure your **supervisor approves** your selections. **Any CAHSD employee who pre-registers for a workshop and is unable to attend must notify CAHSD Training Division of cancellation.**