



LOUISIANA DEPARTMENT OF HEALTH AND HOSPITALS/  
OFFICE OF AGING AND ADULT SERVICES

## State Personal Assistance Services Program

### What is the purpose of the State Personal Assistance Services (SPAS) program?

The State Personal Assistance Services program provides personal assistance services to persons with significant disabilities to assist them with their activities of daily living.

### If I qualify, what services can be paid for by this program?

Assistance with the following activities of daily living:

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| <ul style="list-style-type: none"><li>• Dressing</li><li>• Food preparation and consumption</li><li>• House cleaning and laundry</li><li>• Moving in/out of bed</li></ul> | <ul style="list-style-type: none"><li>• Bathing</li><li>• Walking</li><li>• Using the bathroom</li><li>• Any other similar activity of daily living</li></ul> |
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### Who can qualify for State Personal Assistance Services?

People who:

- Have a significant disability
- Are between 18 and 60 years of age (a person who is receiving services shall continue to receive services after age 60, as long as all other eligibility requirements are met)
- Need services from the SPAS program to prevent or be removed from inappropriate institutional placement or to enhance his/her employability
- Provide verification of the disability from the treating physician
- Are capable of hiring, firing, and supervising the persons who provide personal assistance services.

**For more information about the State Personal Assistance Program or to apply for services, please call the ARC of Louisiana at 225-383-1033 or 1-866-966-6260.**