

## **ADHC – Adult Day Health Care Waiver**

### **What is the Adult Day Health Care (ADHC) Waiver Program?**

Adult Day Health Care is a non-residential program and can often be an alternative to nursing home care for people who do not need care 24 hours 7 days a week. **This program does not, by itself or in combination with other OAAS programs, provide supports 24 hours a day**

ADHC, through health and social services, provides supervised care to adults in a supportive and safe setting during part of a day. An individual assessment of each client determines the services provided. Client's needs are met through medical/nursing services, medication supervision/administration, social services, personal care and dietary services (serving both regular and special diet hot lunches as well as morning and afternoon snacks).

ADHC Centers typically operate during daytime hours, Monday through Friday, although some centers may offer evenings or weekends. For most people, depending on where they live, adult day health care centers provide transportation to and from the center.

Programs may be free-standing centers or may be affiliated with a nursing home, hospital, assisted living facility, or senior center; however, all are accountable under the same licensing standards. The intent of adult day health care is primarily two-fold:

To provide older adults an opportunity to receive medical, health, and social services in a supportive structured environment.

To assist families/caregivers to continue to care for their loved ones in the home and in the community through hours in ADHC; providing the family the opportunity to fulfill daily responsibilities.

### **What other services may I receive from this program?**

- Support Coordination (also known as case management)
- Transition Intensive Support Coordination (provided to people moving out of nursing homes)
- Transitional Services (provided to people moving out of nursing homes)

## Who can qualify for services?

People who:

- Meet Medicaid eligibility **AND**
- Are 22 years old or older **AND**
- Meet Nursing Facility Level of Care

## What are the 2012 monthly income limits?

The income limits are \$2,094 for an individual and \$4,188 for a couple (when both spouses need long-term care). However, there is a “spend down” option which allows your eligibility to be considered even if your income is over the limit. Your income can be “spent down” for allowable medical expenses you may have. If you qualify for this option, you will be required to pay each month towards the cost of your care in the Waiver program. The amount you pay will be based on your income and other medical expenses.

## What are the 2012 resource limits?

Resources are the things people own. When we count resources for this program, we do not count the person’s home, the car they drive to medical appointments, or other basic resources.

- Single people can have no more than \$2,000 in resources. Couples can have no more than \$3,000 in resources when both spouses need long-term care.
- Married couples can have up to \$113,640.00 in resources, as long as one spouse at home **does not get** long-term care services.

## How can people request Adult Day Health Care Waiver Services?

The Department keeps an Adult Day Health Care Waiver Request for Services Registry (RFSR) (waiting list) of people who have asked for these services, along with the date of the request. Persons are offered the Adult Day Health Care Waiver according to the following priority groups:

- (1) People with abuse or neglect referred by Adult Protective Services (APS) or Elderly Protective Services (EPS) who, without Adult Day Health Care Waiver services, would need institutional placement to prevent further abuse and neglect.
- (2) People who have been discharged after a hospitalization within the past 30 days that involved a stay of at least one night.
- (3) People residing in nursing facilities if they have been approved for a stay of more than 90 days.

Everyone else will get an offer for services on a first-come-first-serve basis by date of request.

**To add your name to the ADHC Waiver Request for Services Registry  
or if you have questions call Louisiana Options in Long Term Care at  
1-877-456-1146 (TDD: 1-877-544-9544). You can call  
Monday thru Friday between the hours of 8:00 a.m. and 5:00 p.m.  
The call is free.**