



Getting your flu shot now is a labor of love.

**Nothing is more important than the health
of your unborn or newborn child.**

So if you're pregnant or nursing, now is the time to get your seasonal flu shot. It's safe and effective, and to fight the flu, nothing delivers more protection.

For more information, ask your health care provider or pharmacist, call 2-1-1 or visit www.ldh.la.gov/FightTheFlu.

